

BARNABAS TODAY

MONMOUTH MEDICAL CENTER

GROUNDBREAKING ROBOTIC SURGERY HELPS TOMS RIVER PATIENT

Urologist, **Dr. Mark Perlmutter**, recently performed the state's first robotic surgery to repair ureteral trauma at Monmouth Medical Center on Toms River resident, Pat Lindahl.

Lindahl had an obstructed urine flow, which was causing dilation of the right kidney. Due to her medical circumstances, she had a tube and a collection bag inserted so that her kidney could be properly drained, in the interim.

Dr. Perlmutter discussed various surgical options with Lindahl and recommended robotic repair surgery to fix the kidney dilation. Robotic surgery is less invasive and offers patients many benefits, including, minimal scarring, less blood loss and quicker recovery time.

"Although I was apprehensive, robotic surgery seemed to be a great option for me as it would be much less invasive than traditional surgery," said Lindahl.

"Prior the surgery, Dr. Perlmutter explained that there was a possibility that I would need further surgery down the line. But when I woke up from the surgery, I was so thrilled to learn that no further surgery was needed," said Lindahl. Dr. Perlmutter told me, "The bag is off. I put my hand on my back and started to cry."

According to Lindahl, her recovery from robotic surgery was much easier than traditional abdominal surgery. "Dr. Perlmutter constantly needed to remind me that I just had major surgery and needed to take it easy," she explained. "I was able to walk around, bend and get out of a chair much easier."

"The da Vinci robotic surgical system is an incredible tool for surgeons as its 3-D, high-definition features enable better visualization and more precision," said Dr. Perlmutter. "Robotics offers a number of advantages and is a great option for the appropriate operations, as was the case with Pat Lindahl."



Mark Perlmutter, MD
Urologist/Robotic Surgeon

For further information about robotic surgery at Monmouth Medical Center, call **888.724.7123** or visit barnabashealth.org/monmouth.